



Dear JK3 Families,

We are thrilled for you to be joining our ULS community! The transition to school can be a tricky one for many three year olds to navigate. There are a few simple things you can do over the summer to help!

Below are some suggestions to make the transition from home to school a bit easier for you and your child.

- Begin giving your child more independence in tasks such as getting dressed, putting on socks and shoes, and washing face and hands. These are skills that can boost your child's confidence should they need to perform them at school. We are always here to help, but what a bonus if they start on the right foot!
- Bathroom readiness. JK3 students are required to be potty trained and in underwear, not a pullup, while at school. Work on pulling pants up and down to make potty time easier for all. The boys bathroom has 3 urinals, so if your little fellow has not had experience with them, now's the time for this exposure and practice. There are step stools by each toilet to assist our littles in perching up on normal size potty.
- Snack & Lunch- Over the summer practice a sit down snack with your child. Encourage them to ask for assistance when needed, practice opening and closing containers, throwing away garbage when done and cleaning the area around them. If your child stays for lunch, consider having a few "practice" lunches- packed in a lunchbox and filled with items you would send for a typical lunch at school.
- Visit us! Take time this summer to visit the playground! We will play on the back playground daily. If the school is open and the office staff are there, ask if you could walk around. Head to the classroom for a quick peek and discuss all the possible things to do!
- A couple weeks before school starts, make sure to establish your child's routine. Bed time, wake up time, getting dressed, breakfast, etc. It can be a little overwhelming to be on such a busy big kid schedule!

Along with the suggestions above, we encourage you to read to your child. When looking for books to read, here are some suggestions:

Sing-a-long Stories: Five Green and Speckled Frogs; Wheels on the Bus; Ten in the Bed

Stories by Author: Eric Carle; Lois Ehlert; Denise Fleming; Mo Willems, Jan Brett

Rhyming Books

The Kissing Hand by Audrey Penn, this is a parent favorite, which has been used for years to support children with their big feelings when they start the transition to school.

We hope you enjoy your summer and we look forward to spending the year with you!

Kindly,

Jen Cavin & Sarah Thomas